

**CURRICULUM VITAE**  
**Miriam A. Boraz, Ph.D., M.P.H.**

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Education: Illinois Institute of Technology Institute of Psychology, Ph.D., Clinical Psychology 1996, University of Pittsburgh Graduate School of Public Health, M.P.H. Epidemiology, 2000

Experience: general psychiatric disorders, anxiety, infertility, sexual issues, trauma, psychological management of chronic disease, menopause, weight control

Specialty Interest: Adult, Couples, and Individual therapy

Honors and Professional Involvement:

Adjunct Faculty, Case Western Reserve University

American Psychological Association

Cleveland Psychological Association

Pennsylvania Cardiovascular Health Consortium Task Force, Behavior Change Workgroup, Invited member, 2004

American Heart Association's Trudy Bush Fellowship Award for CVD Research in Women's Health, 2004

Selected Publications:

Boraz M, Heinemann A. (1996). The relationship between social support and alcohol abuse in people with spinal cord injuries. International Journal of Rehabilitation and Health, 2, 189-198.

Simkin-Silverman LR, Wing RR, Boraz MA, Meilahn EN, & Kuller LH. (1998). Maintenance of Cardiovascular Risk Factor Changes among Menopausal Women in a Lifestyle Intervention. Women's Health: Research on Gender, Behavior, and Policy, 4, 255-271.

Boraz MA, & Simkin-Silverman LR. (1999). Stress and weight. Obesity and Eating Disorders Newsletter, 13, 1-2.

Simkin-Silverman LR, Wing RR, Boraz MA, & Kuller LH. (1999). A Randomized Clinical Trial of Weight Gain Prevention in 535 Healthy Women During Menopause. Circulation, 100, 1328.

Boraz MA, Anderson DA, Simkin-Silverman LR, Wing RR, & Kuller LH. (1999). Stressful life events and weight loss in normal weight middle-aged women: The women's healthy lifestyle project. Annals of Behavioral Medicine, 21S, S031.

Boraz, MA, Simkin-Silverman LR, Wing RR, Meilahn EN, Kuller LH (2001). HRT use and menopausal symptoms among women participating in a behavioral lifestyle intervention. Preventive Medicine, 33, 108-114.

Boraz MA, Kuller LH, Simkin-Silverman LR. (2001) Behavioral control of cardiovascular risk in Black women who have undergone hysterectomy. Annals of Behavioral Medicine, 23S, S167.

Boraz MA, Simkin-Silverman LR, Wing RR, Meilahn EN, Kuller LH. (2001). Hormone therapy among women participating in a behavioral lifestyle intervention: The Women's Healthy Lifestyle Project. Circulation, 103:1368-a.

Diabetes Prevention Program Research Group (2002). Reduction in the Incidence of Type 2 Diabetes with Lifestyle Intervention or Metformin. The New England Journal of Medicine, 346, 393-403.

Simkin-Silverman LR, Wing RR, Boraz MA, Kuller LH (2003). Lifestyle intervention can prevent weight gain during menopause: Results from a 5-year clinical trial. Annals of Behavioral Medicine, 26, 212-220

Simkin-Silverman LR, Gleason KA, King WC, Weissfeld LA, Buhari A, Boraz MA, Wing RR (2005). Predictors of Weight Control Advice in Primary Care Practices: Patient Health and Psychosocial Characteristics, Preventive Medicine, 25, 71-82.